

No Runner to get less than 20pts in CC race Supporters 10 points 7 races to count				CC Support	Any 5 k run	Any 10k run	Any Half Marathon	Any Marathon	Any Ultra	RESOLUTION RUN	HOPE WINTER FELL RUN	Races	Lowest qualifying race score		Sum of 7 highest scores
Terrain					Park	Any	Any	Any	Any	Trial	Fell BS				
Distance					5k	10K	13mls	26mls	26ml +	6k / 12k	9.5K				
Total Ascent if known											451m				
Name		Date of Birth	Age												
Naomi	Coverley	16-10-65	51							100	71	2	0		171
Tony	Dent	27-06-55	61								77	1	0		77
Paul	Weir	07-04-68	48				20			55		2	0		75
Roger	Topham	05-04-63	53							48		1	0		48